



Care and Share Bereavement Retreat

*Friends of Hospice Ottawa invites you to join us for our first annual
Care & Share Bereavement Retreat*

Wednesday, September 28, 2011

Galilee Retreat Centre, Arnprior

www.galileecentre.com

9:00AM-4:30PM



The day is open to anyone who is grieving the loss of a loved one. This is a day of learning, sharing and nurturing. There will be an opportunity to learn strategies to cope and heal, as well as other activities to allow you to relax and bring back your smile. Lunch and refreshments will be served. Transportation will be provided from Bells Corners to Galilee Retreat Centre, Arnprior.

Spaces are limited and registration is required before September 16, 2011.

If you or someone you know could benefit from this day

Please contact Holly Watson:

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