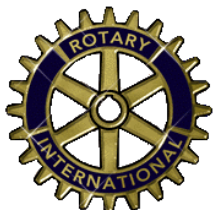




7th Annual Hike for Hospice Palliative Care

Sunday, May 1st, 2011 Registration: 12 noon
Andrew Haydon Park



TITLE SPONSOR:

Rotary Club of Ottawa Kanata Sunrise

HONOURARY CHAIR: Rotarian "Julia Hill"



Julia is a CANCER WARRIOR who embodies the spirit of hospice palliative care.

Many in our community care for and assist loved ones with a life threatening illness. **Friends of Hospice Ottawa**, is a registered charity, and supports Hospice care across Ottawa West communities with two Day Hospices, In Home Visits, Transportation, Caregiver and Bereavement Support, plus Client Advocacy.

You can make a positive difference for these families and have fun at the same time by participating in **Friends of Hospice Ottawa's 7th Annual Hike for Hospice Palliative Care**. This is a national event sponsored by the Canadian Palliative Care Association. All funds raised remain with Friends of Hospice Ottawa to support our work in your community, which we provide without charge to our clients and families.

The hike is a day of fun and entertainment. Come and enjoy the rousing music of the Swivel Hips Band, morning snacks and a hot lunch, children's bouncy gym, face painting, City of Ottawa fire trucks, and much more. Once again, we will have our Memory Tree where a leaf can be placed in remembrance or in honour of a loved one.

PLEASE HELP US ACHIEVE OUR GOAL OF \$50,000

Come and join us. Everyone is welcome—all ages, all abilities! You can run, walk, push a stroller, a walker, a wheelchair, or sit and enjoy the beautiful surroundings. All may enjoy the on-site activities and participants will receive a complimentary lunch and tee-shirt. If you are unable to join us but would like to sponsor someone or make a donation in memory or in honour of a loved one, please use the **"DONATE NOW"** button on our secure **Friends of Hospice Ottawa website** at www.friendsofhospiceottawa.ca. You can also contact Ruth at 613-591-6002 ext. 27 to make a donation. Donations can be made by cheque, Visa and MasterCard. A pledge form is attached for easy collection of pledges.

Come and Help us make a Difference in Our Community!



Canadian Hospice Palliative Care Association
Association canadienne de soins palliatifs



WE SERVE YOUR COMMUNITY

We are proud and honoured to provide hospice palliative care services in the Ottawa West Region at **no cost to the client or their families**. Your support with our **Hike for Hospice Palliative Care** helps to make this possible.

HOW CAN YOU HELP?

A Friends of Hospice Ottawa sponsorship demonstrates to hundreds across Ottawa West, your caring corporate identity as commendably supporting even the most frail among us. Please consider how you could support a sponsorship which is extremely important to **successfully achieving our 7th Annual Hike for Hospice Palliative Care goal to raise \$50,000**.

T- SHIRT SPONSOR \$1500.00

- Name **prominently placed** on tee-shirts
- Opportunity to hand out tee-shirts to participants
- Recognition from the podium
- Newspaper and Media recognition
- Opportunity to have your company information table onsite as well as your company banner
- Recognition in Friends of Hospice Ottawa's Newsletter with over **5000 copies** distributed

SIGN SPONSOR \$150.00

- Sponsor a **“For Julia Sign”** or a **“Hug-Me-Bear”** sign with your company name on it to put along the hiking trail.

LUNCH SPONSOR \$1000.00

GENEROUSLY SPONSORED BY:



WATER SPONSOR

GENEROUSLY SPONSORED BY:



OTHER IDEAS TO HELP RAISE FUNDS FOR THE HIKE

- Encourage your business to challenge other businesses or each other to see what you can raise, then join us on May 1st with your team and have some fun
- Have your group/club host a garage sale, bake sale, anniversary or birthday celebration with funds raised going towards the hike

I'd like to thank you in advance for considering these suggestions. This annual national hike event is an opportunity for you to help us to continue to provide hospice palliative care services in the Western Ottawa Region. Thank you for supporting your community!

If I can be of any help in making your idea a success or if you have any questions please don't hesitate to call or email me. Thanks!

Ruth Cameron phone: 613-591-6002 ext. 27, email: ruthcameron@friendsofhospiceottawa.ca

